



What preventive care services are covered?

In order to prevent illness and disease, as well as minimizing health care costs, all Elevanta Health plans, including the Minimum Essential Coverage (MEC) plans, cover a list of preventative services at no out-of-pocket cost to members. That means no copayments, coinsurance or deductibles. This applies only when these services are delivered by an in-network provider.

Preventative Care Services covered 100% include:

Adults

1. **Abdominal Aortic Aneurysm** one-time screening for men of specified ages who have ever smoked
2. **Alcohol Misuse** screening and counseling
3. **Aspirin** use to prevent cardiovascular disease for men and women of certain ages
4. **Blood Pressure Screening** for all adults
5. **Cholesterol Screening** for adults of certain ages or at higher risk
6. **Colorectal Cancer Screening** for adults over 50
7. **Depression Screening** for adults
8. **Diabetes (Type 2) Screening** for adults with high blood pressure
9. **Diet Counseling** for adults at higher risk for chronic disease
10. **Falls Prevention** (with exercise or physical therapy and vitamin D use) for adults 65 years and over, living in a community setting
11. **Hepatitis B Screening** for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.S. – born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
12. **Hepatitis C Screening** for adults at increased risk, and one time for everyone born 1945 – 1965
13. **HIV** screening for everyone ages 15 to 65, and other ages at increased risk
14. **Immunization** vaccines for adults (Hepatitis A & B, Herpes Zoster, Human Papillomavirus, Influenza (Flu Shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis, Varicella)
15. **Lung Cancer Screening** for adults 55 – 80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
16. **Obesity** screening and counseling for all adults
17. **Sexually Transmitted Infection (STI)** prevention counseling for adults at higher risk
18. **Statin Preventative Medication** for adults 40 to 75 at high risk
19. **Syphilis** screening for all adults at higher risk



20. **Tobacco Use Screening** for all adults and cessation interventions for tobacco users
21. **Tuberculosis Screening** for certain adults without symptoms at high risk

Women, including pregnant women

1. **Anemia Screening** on a routine basis for pregnant women
2. **Breastfeeding** comprehensive support and counseling from trained providers, and access to breastfeeding supplies, for pregnant and nursing women
3. **Contraception:** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt “religious employers”
4. **Folic Acid Supplements** for women who may become pregnant
5. **Gestational Diabetes Screening** for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
6. **Diabetes Screening** for women with a history of gestational diabetes who aren’t currently pregnant and who haven’t been diagnosed with type 2 diabetes before
7. **Gonorrhea screening** for all women at higher risk
8. **Hepatitis B screening** for pregnant women at their first prenatal visit
9. **Preeclampsia Prevention and Screening** for pregnant women with high blood pressure
10. **Rh Incompatibility** screening for all pregnant women and follow-up testing for women at higher risk
11. **Syphilis** screening for all pregnant women or other women at increased risk
12. **Expanded Tobacco Intervention and Counseling** for pregnant tobacco users
13. **Urinary tract** or other infection screening for pregnant women
14. **Breast Cancer Genetic Test Counseling (BRCA)** risk assessment and genetic testing for women who have family members with breast, ovarian, tubal, or peritoneal cancer
15. **Breast Cancer Mammography** screenings every 1 to 2 years for women over 40
16. **Breast Cancer Chemoprevention** counseling for women at higher risk
17. **Breast cancer risk-reducing medications**, such as tamoxifen or ralozifene, for women who are at increased risk for breast cancer
18. **Cervical Cancer** screening for sexually active women. Pap test (also called a Pap smear) every 3 years for women 21-65; Human Papillomavirus (HPV) DNA test with the combination of a Pap smear every 5 years for women 30-65 who don’t want a Pap smear every 3 years
19. **Chlamydia** Infection screening for younger women and other women at higher risk
20. **Domestic and interpersonal violence** screening and counseling for all women
21. **Osteoporosis** screening for women over age 60 depending on risk factors
22. **Urinary incontinence screening** for women yearly
23. **Well-woman visits** to get recommended services for women under 65



Children

1. **Alcohol and Drug Use** assessments for adolescents
2. **Autism** screening for children at 18 and 24 months
3. **Behavioral assessments** for children at the following ages: 0–11 months, 1–4 years, 5–10 years, 11–14 years, 15–17 years.
4. **Bilirubin Concentration Screening** for newborns
5. **Blood Pressure** screening for children at the following ages: es: 0–11 months, 1–4 years, 5–10 years, 11–14 years, 15–17 years.
6. **Blood Screening** for newborns
7. **Cervical Dysplasia** screening for sexually active females
8. **Depression** screening for adolescents
9. **Developmental** screening for children under age 3
10. **Dyslipidemia** screening for children at higher risk of lipid disorders at the following ages: 1–4 years, 5–10 years, 11–14 years, 15–17 years.
11. **Fluoride Chemoprevention** supplements for children without fluoride in their water source
12. **Fluoride Varnish** for all infants and children as soon as teeth are present
13. **Gonorrhea** preventive medication for the eyes of all newborns
14. **Hearing** screening for all newborns; and for children once between 11 and 14 years, once between 15 and 17 years, and once between 18 and 21 years
15. **Height, Weight and Body Mass Index** measurements for children at the following ages: es: 0–11 months, 1–4 years, 5–10 years, 11–14 years, 15–17 years.
16. **Hematocrit or Hemoglobin** screening for children
17. **Hemoglobinopathies or sickle cell** screening for newborns
18. **Hepatitis B Screening** for adolescents at high risk, including adolescents from countries with 2% or more Hepatitis B prevalence, and U.S.–born adolescents not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence: 11–17 years
19. **HIV** screening for adolescents at higher risk
20. **Hypothyroidism** screening for newborns
21. **Immunization Vaccines** for children from birth to age 18 – doses, recommended ages, and recommended populations vary: Diphtheria, Tetanus, Pertussis (Whooping Cough); Haemophilus influenzae type b; Hepatitis A; Hepatitis B; Human Papillomavirus (HPV); Inactivated Poliovirus; Influenza (flu shot); Measles; Meningococcal; Pneumococcal; Rotavirus; Varicella (Chickenpox)
22. **Iron supplements** for children ages 6 to 12 months at risk for anemia
23. **Lead** screening for children at risk of exposure
24. **Maternal Depression Screening** for mothers of infants at 1, 2, 4, and 6–month visits



25. **Medical History** for all children throughout development at the following ages: es: 0–11 months, 1–4 years, 5–10 years, 11–14 years, 15–17 years.
26. **Obesity** screening and counseling
27. **Oral Health risk** assessment for young children Ages: es: 0–11 months, 1–4 years, 5–10 years.
28. **Phenylketonuria (PKU)** screening for this genetic disorder in newborns
29. **Sexually Transmitted Infection (STI)** prevention counseling and screening for adolescents at higher risk
30. **Tuberculin** testing for children at higher risk of tuberculosis at the following ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
31. **Vision** screening for all children.